

LAREDO



GT SOCIAL GROUPS ARE BACK!

ALL GROUPS MEET ON THURSDAYS AFTER SCHOOL IN
ROOM 412.

COME MEET OTHER GT PEOPLE AND HANG OUT AS WE
LEARN ABOUT MINDFULNESS, HAVE A DAY FOR MAKING
AND CREATING AND PLAY GAMES!

A MARVELOUS YEAR

SEE THE BACK PAGE FOR DATES AND THE FOCUS OF EACH MEETING.

Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May
6th— Mindfulness	25th— Games	1st— Mindfulness	6th— Mindfulness	10th— Mindfulness	7th— Mindfulness	14th— Making	4th— Mindfulness	2nd— Making
13th— Making		15th— Making	13th— Making	17th— Making	14th— Making	28th— Games	11th— Making	9th— Games
20th— Games		29th— Games	20th— Games	24th— Games	21st— Games		18th— Games	

MINDFUL WEEKS WILL FOCUS ON LEARNING TECHNIQUES FOR REDUCING STRESS, STAYING IN THE PRESENT, AND UNDERSTANDING HOW OUR BRAINS WORK.

MAKING WEEKS ARE A TIME WHEN STUDENTS CAN BRING A PROJECT, CRAFT, WRITING OR ART THAT YOU WANT TO WORK ON. THIS IS A GREAT WAY TO BE CREATIVE AROUND OTHER PEOPLE.

GAMES WEEKS ARE WHEN WE PLAY BOARD GAMES! COME HANG OUT AND GET TO KNOW PEOPLE WHILE YOU PLAY!

YOU CAN COME TO SOME OR ALL GROUPS, AND ALL GT STUDENTS ARE WELCOME!